



Our vision is that no older or vulnerable person in the Cotswolds should be lonely or isolated



8 Trustees
23 Staff (10.5 full time equivalent)



156 towns & villages covered



450 square miles



2300 people supported

Vital transport service supporting older and vulnerable people



Community Transport



140,873 miles driven



1900 clients



14,523 passenger journeys



90+ volunteer cars



2 Wheelchair Accessible vehicles & a minibus

Comprehensive support with wellbeing, independence and friendship



Support Services



2160 Befriending hours



2592 Carer Wellbeing hours



366 Clients supported one to one

Engaging social activities promoting active and social lifestyles



Community Activities



6700 attendances



650 activity sessions



67 = average age of a Men in Sheds attendee



1756 hot meals eaten

340

Volunteers



36,000 volunteered hours



Equal to over £425,000 of paid work*

28

Young Friends Volunteers



100 hours of Work Experience gained



raised by the charity to deliver services



100's of trees planted via Community Projects



351 cakes baked by volunteers & staff



30,847 cups of tea enjoyed



648 miles walked by our Newsletter delivery volunteers